

How to schedule an appointment using Teladoc

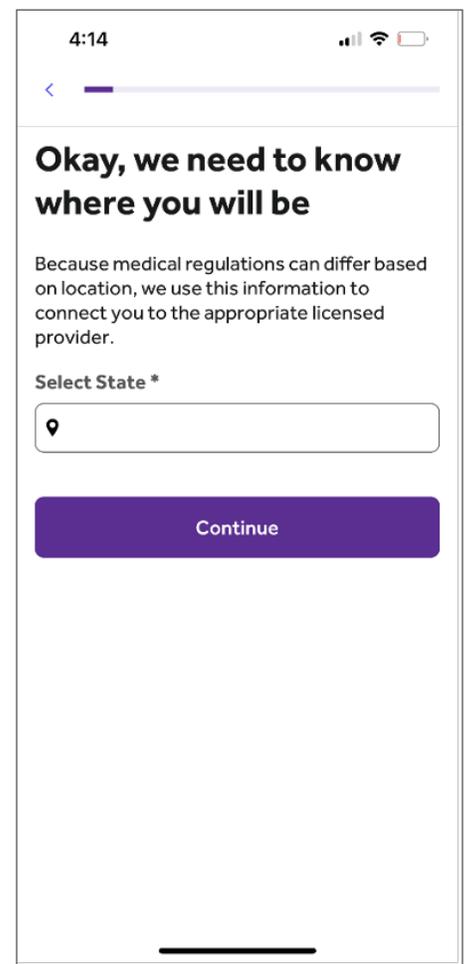
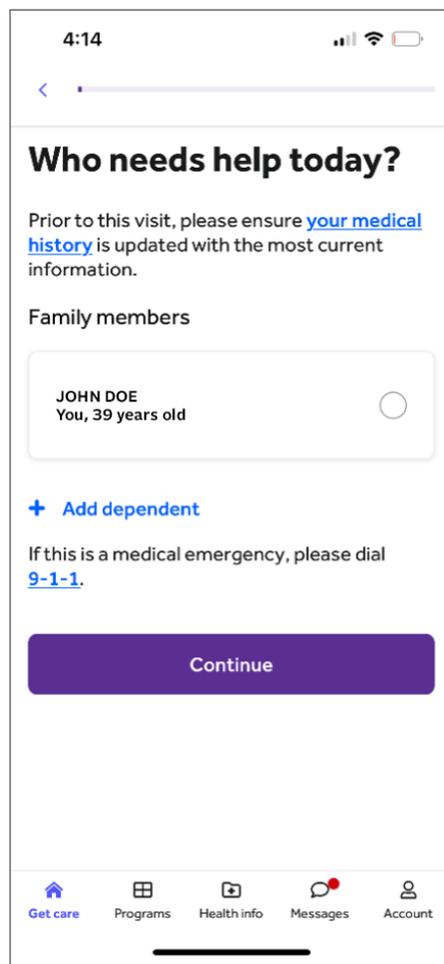
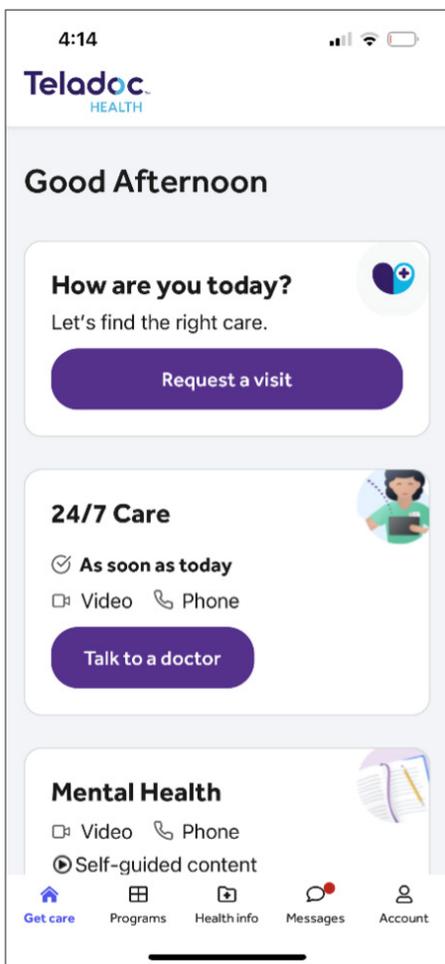
Making an appointment

Making an appointment is easy. Just follow the steps for the type of virtual care you are seeking. **Note:** You may need to provide your credit or debit card information when setting up your account, even if your plan has \$0 copay for visits.

Step 1: Select the type of care you need.

Step 2: Select the patient seeking care. You can also add a dependent if none appears.

Step 3: Choose the location you will be located during your scheduled appointment. **Note:** Your provider will be assigned based on your location.



Step 4: Prior to this step, you may be asked a few questions about your medical history. If not, you'll receive an estimated wait time based on the time you select for your appointment, where you can also select the preferred format of your appointment (video call or phone call).

4:14

Current estimated wait time

10 minutes or less

This is an estimate only. Your actual wait time may vary during peak hours.

*Required

Select visit type *

Phone * Video *

Select a time *

As soon as possible

Select ASAP to wait. Or you can schedule a visit for today or tomorrow between 7 AM and 9 AM.

Continue

Step 5: Review the information for your visit before confirming your appointment. Once confirmed, you'll be notified via text or email of your upcoming appointment.

4:18

As soon as possible

Visit type
Phone

Payment
\$00.00 with PayPal

*Required

Without virtual care, where would you have gone to seek care?

Urgent care or Retail clinic

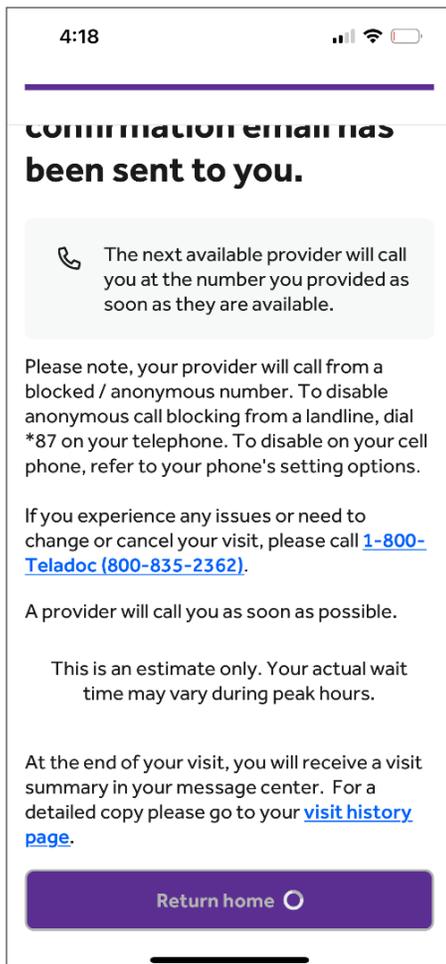
(Optional) I agree to the release of my medication history, if available, for review by a clinician or provider for this visit.

(Optional) I give permission for my visit to be recorded. The reason for recording my visit is to help improve the visit notes for my medical record for quality-of-care purposes. After the recording has been processed, it will be destroyed.

Confirm visit

Note: If you're scheduling a Mental Health visit, you may be asked to provide your credit card information. If you don't show for your appointment, your credit card will be charged up to \$50. This up to \$50 no show fee only applies for Mental Health visits.

Step 6: You'll receive an appointment confirmation by email or text.



Step 7: You can see or cancel your upcoming appointments in your Teladoc account home screen.

