

“I highly recommend the MEND Program for assistance in choosing the right treatment for your child, yourself, or a loved one.

MEND offers a unique blend of guidance and support to members and families who are struggling. We are so grateful for their help with finding behavioral health resources and navigating treatment options.”

-Anonymous NYCDCC Parent



Members
Education &
Network for
Dependency

The Members Education and Network for Dependency (“MEND”) Program gives NYCDCCBF participants and their dependents access to confidential treatment for substance abuse and mental health issues.

Why You Might Reach Out To MEND

- You or your dependents are experiencing grief after losing a loved one.
- You or your dependents are experiencing family or relationship issues.
- Your child or adolescent is experiencing behavioral issues, depression, or anxiety.
- You or your dependents are experiencing difficulties related to substance use.
- You or your dependents are having trouble with daily functioning such as poor sleep or concentration.

Please remember that there is no shame in asking for help, that MEND operates under strict confidentiality restrictions, and that we are here to help you and your family.

Contact Us:

The MEND program can be reached by phone at (212) 366-7590 or by email at MEND@nyccbf.org.

The program is located at 395 Hudson Street, New York, NY 10014, on the 5th floor.



New York City District Council of Carpenters

BENEFIT FUNDS



Scan to visit the MEND Program page on nyccbf.org