



New York City District Council of Carpenters



A healthy boost to your budget

Receive credits to spend on popular over-the-counter (OTC) products and everyday health items with the Healthy Benefits+ OTC benefit program.

What's covered?

Use your OTC credits to buy thousands of covered products:

- Allergy, sinus, cold and flu
- Oral health
- Diabetes care
- Digestive health
- Eye and ear care

- First aid
- Foot care
- Incontinence products
- Pain relief
- Sun and skin care¹

- Supports, braces and wraps
- Smoking cessation products
- Vitamins

¹Covered skin care products include ointments and sprays with active medical ingredients that alleviate symptoms. Cosmetic moisturizers are not covered by the Centers for Medicare & Medicaid Services OTC guidelines.



It's easy to get started

- 1. Activate your card by visiting **ActivateS3.com** or calling **1-833-832-7306**, TTY **711**, anytime.
- 2. View your OTC credit balance, by visiting **HealthyBenefitsPlus.com/ UHCRetireeOTC** or download the Healthy Benefits+ app.
- 3. Use your benefit card to pay in-store.

How to shop:

Make the most of your OTC benefit with an easy way to purchase approved items:



In-Store

Choose from any of the store locations in our national retail network.

Frequently asked questions:

Are products always available?

Members will know what they can purchase when checking out – if an item is not approved the card will deduct the allowed OTC credits and the member would need to use another form of payment for the remaining balance.

Is there sales tax?

Applicable orders are subject to state sales tax.

What if my purchase costs more than my credit?

If your total is more than the available credit on your benefits card, you will need to pay the remaining balance out of pocket.

For more information, reference the welcome materials you received in the mail or visit your plan website.





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