







CANCER	WHO	SCREENING TYPE	STARTING AGE	FREQUENCY
 Cervical	Female	Pap test	21	Every 3 years
		HPV test	21	Every 5 years
 Breast		Self-exam	21	Monthly
		Exam by provider	25	As part of routine checkups
		Mammogram	40	Annually or as recommended
 Prostate	Male	PSA test (baseline)	45	As recommended
 Colorectal	All Genders	Colonoscopy	45	Every 10 years or as advised
 Lung		Low-dose CT scan	50	Only with smoking history
 Skin		Self-exam	Risk-dependent	Monthly

MSK Direct

Summer of Health—
Early Detection Saves Lives!

Summer is a season of energy and adventure—no better time to invest in your health and well-being!

This Summer, make your health a priority by answering a few simple questions to get personalized screening recommendations from Memorial Sloan Kettering Cancer Center (MSK). In less than five minutes, you can discover if you’re due for any cancer screenings and take an important step toward a brighter, healthier future.

To start now, please scan the QR code:

