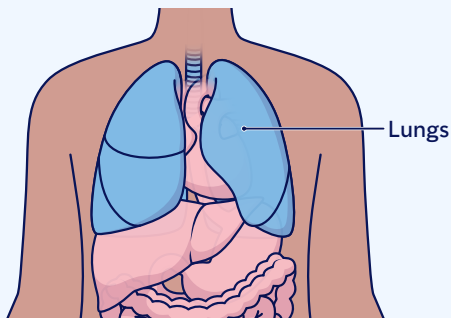


Your Quick Guide to Lung Cancer Screening

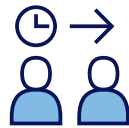
Lung cancer screening can help you stay healthy!

Lung cancer screening checks for signs of lung cancer and other lung health problems. Screening can find lung cancer early, when it's easier to treat. It could even save your life.



Who should get screened?

At MSK, we want to make sure that only the people who will benefit most from lung screenings get them. Right now, lung screenings are recommended for people who:



Are 50 to 80 years old.



Smoke now or have smoked in the past.



Have smoked an average of one pack a day for at least 20 years or something similar:

- Such as, 2 packs a day for 10 years, or a half pack a day for 40 years.

Why do I need to get screened?

It's best to learn as early as possible if you have cancer. Lung screening helps you understand your lung health. Taking action early can lower your risk of dying from lung cancer or other causes.

Why should I come to MSK for lung screening?

At MSK, you will have a full care team to help you keep track of your lung health. At your first visit, we'll talk about what to expect during a lung screening. We'll make a screening schedule that's right for you.

If you are currently smoking, you can also meet with our Tobacco Treatment Program experts. They help you address your smoking habits using the latest methods, based on research.

Ready to schedule your screening or have questions?



Take our quiz to learn if screening is right for you. It only takes 2 minutes.

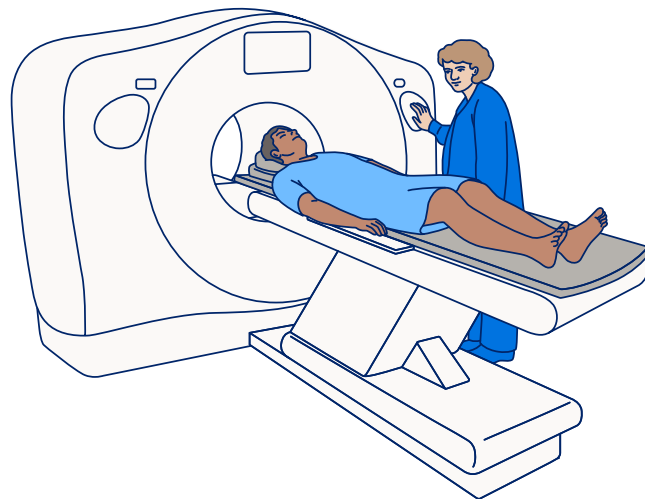
Point the camera of your smart device at the QR code and tap the link.



What happens during the screening?

We will use a low-dose CT (or CAT) scan to check your lungs. It's a 5 minute test that uses a low dose of radiation to take pictures of your chest and lung area. You don't have to prepare anything before the test. You can do the test and go home on the same day.

During the scan, you will lay on your back on a table. The table will slide and pass through a machine that takes the pictures. An MSK doctor will look for cancer in these pictures and any abnormal (not normal) spots.



I might be having symptoms of lung cancer. Can I still get screened?

You might be having symptoms in your lungs, such as shortness of breath, chest pain, or coughing up phlegm or blood. This doesn't mean you have cancer. Some causes for these symptoms include an infection, allergies, or another condition that is not cancer. If you're having any of these symptoms, speak with your healthcare provider right away. If you call us at **646-449-1515** to plan your lung screening, tell the dedicated Care Advisor about your symptoms.

Do I need insurance to get a lung screening?

Yes. Lung cancer screening is covered by most insurance. If you're not sure about your coverage, contact your health insurance provider.

Need help quitting smoking?

Are you currently smoking and interested in quitting? No matter how long you've smoked, quitting today or cutting back will help lower your risk for diseases related to smoking. We know quitting or cutting back can be hard, but you can do it with the right support. MSK can help.

Tobacco Treatment Program at MSK

At MSK, we have experts who can help you quit smoking. We help people diagnosed with cancer, people who have never had cancer, and cancer survivors. Our team of tobacco treatment experts can help you cut back your smoking or tobacco use to quit when you're ready.

Through MSK Direct, you have access to MSK's world-class team of cancer experts.

If you have been diagnosed with or suspect you have cancer, please don't wait. Call your dedicated MSK Direct number **646-449-1515** or scan the QR code to learn more.

